

Health & Safety



Did You Know?

- 1 in 3 adults, age 65 and over falls each year
- Falls, burns and poisoning are the most common accidents involving older adults
- *Simple safety tips can prevent accidents and injury!*

Join us for a **free** Lunch -n- Learn workshop:

Safety in the Home for Seniors

Tuesday, April 3, 12:00 - 1:00 p.m.

Taught by Spectrios Institute's Director of Rehabilitation, Deb Morey, MOT, OTR/L, SCLV

We'll bring safety tips, you bring lunch!

Location:

Wheaton Public Library

225 N. Cross Street, Wheaton, 60187

Space is limited. Reserve your spot today!

wheatonlibrary.org/calendar

or call 630-868-7520

