

# Safe Travel for Seniors



## Did You Know?

- 1 in 3 adults, age 65 and over falls each year
- Falls, burns and poisoning are the most common accidents involving older adults
- Vision loss can increase your risk of injury
- *Simple safety tips can prevent accidents!*

Join us for a **free** workshop:

## Safe Travel for Seniors

*and learn how to stay safe on the go!*

Wed, May 9, 11:00 - 12:00 p.m.

Taught by Spectrios Institute's Director of Counseling,  
Leah Gerlach, M.S., C.R.C.

Location:

Beacon Hill • 2400 S. Finley Rd, Lombard, 60148

*Space is limited. Reserve your spot today!*

630-690-7115 ext 124