



Support Groups for People with Vision Loss – 9/20/2019

Spectrios Institute Support Group

Spectrios Institute Call-In Support Group is facilitated by Leah Gerlach, M.S. and Melissa Taussig, M.S. and often time may have a special guest speakers. This call-in group is held on the second Wednesday of each month from 7:00 pm – 8:00 pm. Call in group -- 712-432-5610 code 660. If you have questions, please email Leah at gerlachl@spectrios.org and put support group in the subject line.

Especially for our Veterans, Service Members, and their families

Hines VA Blind/Low Vision Support Group: for Veterans and their families, 5000 S. 5th Ave. Hines Illinois, 60141. Meetings are held the 1st Wednesday of every month from 1-2:30, Hines VA Blind Center. Contact: Pat Zeinstra, VIST Coordinator- 708-202-2351

Jesse Brown VA Low Vision Support Group: 820 S. Damen Ave., Chicago, IL 60612 Meetings are held the 1st Wednesday of every month from 1-2:30, Contact: Melinda Dunlap, VIST Coordinator- 312-569-7531

Support Groups in Your Community

Second Sense groups- 65 E. Wacker Place, Suite 1010, Chicago. Contact Polly Abbott at Second Sense, polly.abbott@second-sense.org or 312-236-8569
Second Sense has 2 groups. One specifically for people with Retinitis Pigmentosa, and one for anyone with a vision loss

- The R. P. group meets the last Friday of the month from 10:00 to 12:00 pm call the office to register.
- The second group meets the second Saturday of the month from 1:00 pm until 3:00 pm. call the office to register.

Low Vision Group – Oregon, IL.

Meets at Rock River Center; 810 S. Tenth St.; Oregon, IL 61061

This is a group for those who have low vision, any form of vision loss, AMD or to caregivers of those with vision loss. The group meets the second Tuesday of the



month from 12:30 – 2:00 pm in the Boardroom. Call Anne Jones at 815-732-3587 or email birdhse1@comcast.net for more information.

Low vision support group meeting at Wheeling Township in Arlington Heights at 1616 N. Arlington Heights Rd. in Arlington Heights. Monthly meeting is the first Thursday of the month from 1:00-2:30. The contact person is Linda. Her number is 847-259-7730.

Skokie Low Vision Group

Tuesday July 23, 2019 from 1:30 to 3:00pm
Skokie Village Hall, 5127 Oakton Ave, Skokie
Juanita Davis - 847-933-8208
Juanita.davis@skokie.org

The Progress Center Group, Forest Park

Meets the fourth Monday of the month from 2:00 -3:00pm at the Progress Center for Independent Living, 7521 Madison, Forest Park. For more information contact Michael Henson at (847) 758-3467

Oasis Support Groups, Orland Park: Both of their groups meet at the same location Orland Park Church, 7500 W. Sycamore Dr., Orland Park, IL 60462

- Oasis First Steps for people new to vision loss Call for more information (708) 460-6573
2nd & 4th Thursday of each month - 12:30 - 2:30 pm
- Oasis VIP group - Monthly meetings: VIP's for anyone with a vision loss who wants to network together. Call for more information (708) 460-6573
1st & 3rd Thursday of each month - 12:30 - 2:30 pm

The Chicago Lighthouse Support Groups:

- Chicago Lighthouse 1850 W. Roosevelt Rd., Chicago. This Support Group is held every other Wednesday from 10:00 to 11:00 a.m. To receive their schedule you will need to call their office and talk with Laurine Donohue Phone: 312 .997.3670 or e-mail laurine.donohue@chicagolighthouse.org
- Low Vision Study and Support group for Seniors
Located at the Chicago Lighthouse North, 222 N. Waukegan Rd. Glenview Il. 60025. This group meets generally on the last Monday of the month between



10:00 and 11:00 am. Please contact Melissa to sign up for the group (847-510-6200 or e-mail Melissa.Wittenberg@chicagolighthouse.org)

Carillon Low Vision Group – Plainfield:
21146 Carillon Drive, Plainfield, Illinois
Meets the first Tuesday of each month
815-886-6767 call for more information

Luther Village Low Vision Support Group - Arlington Heights, IL:
Second Tuesday of each month 1:30pm
Contact: Lloyd Miller 847-873-0669

The Mid Valley Low Vision Support Group – St. Charles:
Meets at St. Charles Public Library, 1 S. Sixth St., St. Charles, IL.
Meeting date is the second Wednesday of the month starting at 1:00 pm
Contact Dave Peterson (630)918-0546 or e-mail dcpete43@gmail.com