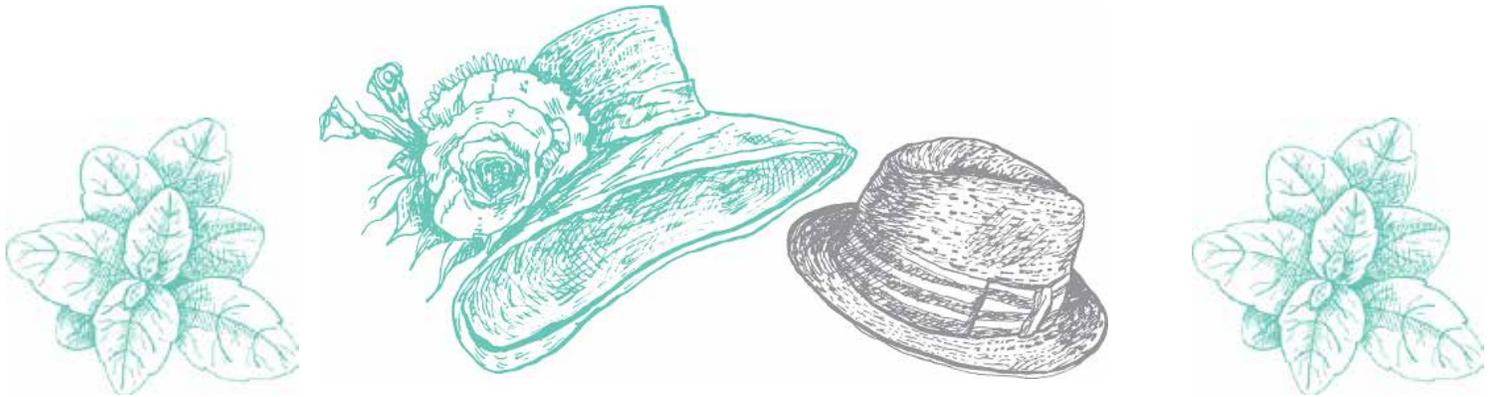


Spectrios Institute for Low Vision

The Brightside

2019, Volume 1



Please Join Us For Our Kentucky Derby Inspired

2019 Partners With Vision Gala

Saturday, May 4, 2019

DoubleTree by Hilton Lisle Naperville • 6:30pm

Cocktails • Dinner • Silent Auction • Live Auction

Dust off your best derby duds and get ready to run for the roses! Our derby inspired gala is a fun-filled night for a great cause. Proceeds go to support our programs, including our *Seeing is Believing* children's program.

Tickets are on sale now! We accept cash, credit card or check. Patients and guests of patients can purchase tickets for \$95.00.

Can't attend the event? Consider supporting our gala in one of the following ways:

- Become a 2019 Gala Sponsor
- Donate items to our silent and/or live auctions
- Purchase advertising space in our program booklet
- Buy a ticket to donate to a patient who cannot afford one

More information on sponsorship opportunities and ad packages can be found on our website: www.spectrios.org

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Are You a Visionary?

The Visionaries are people who understand the benefits of our programs and services and include Spectrios in their estate planning. Spectrios can be named in a will, trust, or as the beneficiary of life insurance, IRA or retirement plan.

For more information on how to give, contact Diane Levine at 630-690-7115 ext 112

Low Vision App Update

WayAround



A **free** app that works on Apple and Android products. WayAround is the app for your smart device that provides on-demand details about everyday things. The simple tag-and-scan approach lets you quickly and easily identify things around you. It also provides extra details, like how something works or when it expires. Available in the Apple Store and Google Play.



I AM PLEASED TO SUPPORT THE 2019 SPECTRIOS INSTITUTE GALA

Please reserve the following number of tables, dinner tickets and/or ad space:

___ Benefactor	\$2,500
Table of 10, prime seating, full page color ad	
___ Patron	\$1,500
Table(s) of 10	
___ Friend individual ticket(s)	\$150
___ Spectrios patient and their guest(s) individual ticket(s)	\$95
PROGRAM BOOK ADS ONLY	
___ Gold (full page color ad)	\$1,000
___ Silver (full page B&W ad)	\$750
___ Bronze (half page B&W ad)	\$500
___ Copper (quarter page B&W ad)	
___ Any Donation Amount	\$ _____
___ I am unable to participate, but please accept my donation of	\$ _____
TOTAL	\$ _____

PERSONAL | PAYMENT INFORMATION

Name _____

Company _____

Address _____

City, State, Zip _____

Phone, Cell _____

Fax, Email _____

Please make checks payable to Spectrios Institute or charge my: Mastercard Visa Discover American Express

Card # _____

3-Digit Security Code _____

Exp Date _____

Signature _____

Contributions are tax deductible to the extent provided by law.

Deadline for ad submissions is April 8, 2019.

LIST GUESTS ON REVERSE SIDE. RSVP BY: APRIL 15, 2019

Kentucky Derby Dining: Lilly's Benedictine Spread

Benedictine Spread is a Kentucky favorite. At the turn of the 20th century, Jennie Benedict, a famous Louisville caterer, invented the creamy cucumber spread. When she opened a tearoom in downtown Louisville in 1911, the popularity of the cucumber recipe exploded. Today, Louisville residents use Benedictine as often as ketchup.

The original recipe calls for green food coloring and juicing a cucumber. The color was to help consumers identify the dip. Most chefs now prefer a simpler preparation free of dye.

Chef Kathy Cary of *Lilly's*, Louisville
Recipe:

8 ounces cream cheese, softened
1 cucumber, peeled, deseeded and chopped

1/2 teaspoon salt

1/4 cup chopped red onion

1/4 to 1/2 teaspoon pepper

1 teaspoon fresh chopped dill

Combine ingredients and mix well.
Serve as a dip or spread on sandwiches.

≈ Instructional Videos ≈



Check out the amazing library of step-by-step, how-to videos from our friends at Hadley Institute for the Blind and Visually Impaired.

The online catalog has over 100 training videos with a wide variety of topics, including accessibility features and basic training for Apple, Android and Microsoft products, reading apps, ways to tackle every day problems, and how to use services like Peapod to make your life easier.

The pre-recorded training sessions are a great way to reinforce the skills learned during your occupational therapy and access technology training at Spectrios. They can also be used to learn a new skill at your own pace. The best part is that they are FREE and accessible on any computer or mobile device.

Want a print copy of the instructions? No problem! Each video has a link to download/print the transcript. Or, if you prefer, you can download and play the audio track in MP4 format.

With so many learning options, you are bound to find one that fits your needs!

<https://www.hadley.edu/InstructionalVideos.asp>



≈ Access Technology Update ≈



Our Access Technology Center overhaul is almost complete!

The new space is modern, clean and cutting edge. The beverage center (left) will be used to train people on kitchen skills & safety and the life stations room (below) will have interchangeable training stations to teach skills such as sewing, grooming, hobbies, how to set up a home office, and a kids learning center.

Form Follows Function

Not only is the space beautiful, every piece was designed with our low vision patients in mind. Contrast, texture, fabric and color were carefully planned to demonstrate how a person's living space, combined with low tech and high tech devices can help a person with vision loss live an independent and fulfilling life.

Notice the contrast between the flooring, counter and cabinets. The yellow carpet tiles (right) provide a bright guide through the space.



Grand Opening Information

Page 6



Save the Date!



Please join us Saturday, June 8, 2019
10:00 a.m. - 1:00 p.m.

to celebrate the opening of our redesigned

Access Technology Center & Celebration of the Bricks

Spectrios Institute for Low Vision
219 E. Cole Ave., Wheaton

Come learn how low vision technology can
improve your quality of life!

RSVP 630-690-7115 ext 124

**Spectrios Access Technology renovation
made possible by a generous grant from**



Special Thanks to our Renovation Partners



Awesome. Interiors. Start. Here.



Lions District 1-J

HOME DISTRICT OF LIONS CLUBS INTERNATIONAL



ARCHITECTURAL PLANNING & SERVICES, LTD.

Community & Business Learning Opportunities

Looking for an off-site location to hold a business meeting, staff training, or small community learning event? Consider Spectrios!

Spectrios is proud to offer our new Access Technology Center as a training space for local businesses, community members, volunteer groups and others.*

The flexible learning center can be configured for a single group focus, or smaller break out sessions, depending on your needs. Best of all, our tech experts can offer basic, hands-on technology training sessions.

Don't wait! Book your time out of the office with us, and learn about vision loss and the profound impact vision rehabilitation can make in a person's ability to succeed at work, school and living independently.

**Booking is based on availability*

Questions? Want to book your time?

Call 630-690-7115, ext 124

Positive Patient Moment



Meet Dorothy

Dorothy has age-related macular degeneration in both eyes. Last fall, she came to Spectrios to learn about technology and devices to help her live her best life.

Dr. Williams provided Dorothy with a comprehensive low vision exam and referred her to occupational therapy and access technology for low vision rehabilitation and training.

After learning about different devices, Dorothy set her sights on a portable electronic magnifier. Unfortunately, the cost was more than she could afford.

The Spectrios team didn't want to see Dorothy leave the program empty-handed. Thanks to grant funds from private donors, they didn't have to.

Her occupational therapist, Katrina Stratton, identified Dorothy as a good candidate for grant assistance. Once the recommendation was made, the process was simple to complete.

At her next OT appointment, Dorothy had a brand new Snow 7 HD portable magnifier to begin training on.

The Snow is one of many portable magnification options available to our low vision patients. The smaller size and magnification abilities make these types of units a popular choice for people who don't have room for a larger desktop model.

When asked to share her thoughts, she said:

"I really need this tool to help read my medicine bottles. I'm so happy I could cry."

Your Donation Matters!

To make a donation, use the enclosed envelope, or go to our website and click **DONATE NOW** on our homepage.

www.spectrios.org



≈ Bon Voyage, Joe Burns! ≈



Retiring Spectrios Board Member, Joe Burns, with his wife Penny and family at their family beach retreat in Riviera Maya, Mexico.

Joe and Penny generously offered their vacation home as an auction item at the Spectrios Gala for many years.

I became a part of the Spectrios Family in a moment of need. My son, Colin, lost his eye and suffered severe facial damage in a 1997 fireworks accident when he was 11. The eye he lost was his strong eye, as he had amblyopia in the other eye. Dr. Tracy Williams reached out to Colin through a mutual friend with an offer of professional support for anything Colin needed. From the media coverage of the accident and from our mutual friend, Tracy knew Colin loved the White Sox and Tracy provided Colin with Sox memorabilia and strengthened his spirits at a very difficult time for a young boy. But strength and character accomplishes a lot and Colin is now a practicing lawyer. My wife Penny and I are extremely proud of who Colin is and what he has accomplished.

In 2009, Tracy invited me to be on the Board of Directors. I have loved being of service to the Spectrios family: patients, the families that support those patients, and the exceptional Spectrios staff. Spectrios' success is due to the wonderful team Tracy and his predecessors and earlier Boards put together. As we all know well, Spectrios is exceptional at its mission of head, heart, and eyes. The children's programs have always been especially important to our family.

I have been honored to be part of the family as a Board member. The Spectrios Boards have always had a wide range of talented individuals who provide guidance and personal and institutional resources to Tracy and the staff. Our Board meetings are always productive and focused, and that is hard to say about most board meetings! I know every Board member is very proud to be a part of supporting the Spectrios mission.

I know Spectrios will prosper in the future because of all of the great people who make it work. If you are involved with helping Spectrios, thank you. ***If you can get involved and share your many talents with Spectrios, please reach out and share your gifts. We need you.***

≈ In Honor & Memory ≈

A donation has been made in memory or honor of the following persons:
(Name in bold print, donor name in regular print)

Phil Amico

Joseph LaFace

Edward & Marie Baczewski

Mr. & Mrs. David Baczewski

Jeanette Baldyga

Mr. & Mrs. Joseph Baldyga

H. Borders

Dr. Susan J. Anderson-Nelson

Ronald F. Brown

Phyllis Brown

Benjamin Clark

Dr. Ann Clark

Rosemary B. Daurer

Evelyn Vari

Dave Dopp

Frank Amendola, Rosemary Cechura,
Samantha Cooper, Dr. & Mrs. Jon P. Gieser,
Nancy Hannula, Mindy Jerome, Matt Lipinski,
Kim Malay, Tammy Sanchez, Katie Sulo, Lisa
White

Jean Duwez

Bernadette Kramer

Dr. Mona Ekdawi

Noha Ekdawi

Richard Feinbloom

Mr. Lawrence E. May

Glenn Fletcher

Michael & Janinne Baiardo, William
& Ruthann Barbel, Miriam Cancel Johnson,
Patricia Culhane, Steven Doelman, Meghan
Duermit, Mr. & Mrs. Alexander Grabavoy,
Jeffery S. Heimerl, Wendy Kane, Dale & Pam
Nass, Don & Laurena Schuemann

James Robert Gates

Susan Gates, Elizabeth Toombs

Lorie Gates

Elizabeth Toombs

Philip Gates

Elizabeth Toombs

Richard Gotsch

Linda & Chuck Berry, Joseph Evans, Mary
Kent, John Mulkerin, Jane Severinski, Eugene &
William Sommers

Warren Hauge

Cathy Werner

William W. Hogan

Linda A. Dye

Ernest Karamas

Ann Gogola

Ann Kennelly

Melissa Athos, Agnes Carey, Walter
& Georgia Schramm

Dr. Elliot Politser

Dr. Richard Gieser, Shirley R. Sauerman,
Shirley Suconik

Dorris Potter

John & Connie Arends, Colleen Cahill,
Lara Levine, Lorraine Peterson

Mrs. Rubin

Dr. Susan J. Anderson-Nelson

Charlie & Pam Smith

Diane & Terry O'Connor

Spectrios Staff

Joy Troyer & Michel Peterson

Rachel Sullivan

Peter & Jane Whinfrey

~ In Honor & Memory, Cont. ~

Melissa Taussig

Mr. & Mrs. Jeff Chelepis, Mr. & Mrs.
Richard Lentfer, Delores Vander Wagen

Dorothy Troyer

Ruth Ganzer, Lara Levine, Joy Troyer

Peter Whinfrey

Porterfield Family

Dr. Tracy Williams

Dr. & Mrs. Kenneth Baylor, Karen &
Mort Levy

Ruth Zugar

Ann Gogola

The following doctors from the Wheaton Eye Clinic made donations in memory of their patients:

Dr. Anderson-Nelson, Dr. Michelle Andreoli, Dr. Michael Andreoli, Dr. Dr. R. Andreoli,
Dr. Brazis, Dr. Daily, Dr. Fenton, Dr. David Gieser, Dr. Jon Gieser, Dr. Stephen Gieser,
Dr. Haag, Dr. T. Kietzman, Dr. M. Kipp, Dr. M. Kron- Gray, Dr. Lafayette, Dr. Lee, Dr.
Mehaffey, Dr. Michelson, Dr. Pak, Dr. Park, Dr. Sacher, Dr. Setlur, Dr. Sims, Dr. Sung,
Dr. Voirin, Dr. Williams, Dr. Wingard

~ Eye Health & Safety Calendar ~

April: Women's Eye Health & Safety Month

May: Ultraviolet Awareness Month

June: Cataract Awareness Month

July: Fireworks Safety Month

August: Children's Eye Health & Safety Month

September: Sports Eye Safety Month

October: Contact Lens Safety Month

November: Diabetic Eye Disease Month

December: Safe Toys and Gifts Month



The Last Word

"Seebiscuit"

My favorite racehorse of all time is Seabiscuit. As a child, my father told me about this small horse that had the will to win despite a significant injury and plenty of stiff competition.

My father felt that Seabiscuit earned the attention and hearts of millions of Americans during the Great Depression because the little stallion never gave up. When Seabiscuit beat Triple-Crown winner, War Admiral by four lengths in a two horse challenge in 1937, this unlikely champion became a symbol of hope and motivation to those with struggles. With my small stature and many limitations, I too wanted to be like Seabiscuit. I think my father had purpose to his story!

Over my career, I have witnessed many children and adults faced with heartbreaking setbacks, hardships and challenges as the result of vision loss. I have learned that the individual who embraces a "can do" and "will try" approach has good odds to win their race against vision loss. I have been given hope and been motivated by their example as a low vision rehabilitation professional. Our rehabilitation team is inspired to work hard as the trainers. We are in the in the grandstand cheering as we watch the unlikely becoming likely, and I can't help but scream out..."Seebiscuit!"

Please join us at our Kentucky Derby Gala to witness hope and motivation!



We Want To Hear From You!

Have a great idea for a story?

Tell us about it!

Contact: Elizabeth Loan
LOANE@spectrios.org
630-690-7115 ext 124



Let's Be Friends!

Find us on Facebook,
Instagram, Twitter, YouTube
and LinkedIn.

Share our stories, videos and
events with your friends and
family!

Spectrios Institute
for Low Vision
at Deicke House
219 E. Cole Avenue
Wheaton, IL 60187
630-690-7115
www.spectrios.org



Brick Campaign

Looking for a unique gift
for the person who has
everything?

Consider buying a
commemorative brick!
Single patio bricks are
\$125.00 and include 14
characters/3 lines and are
placed in our beautiful
patio garden.

Double patio bricks are
\$500.00, can include an
image (cross, flower, heart,
etc) and are placed in our
front walkway.



Spectrios Institute
is accredited by the National
Accreditation Council for Blind
and Low Vision Services